

Advice for vulnerable populations, seniors and elders:

If COVID-19 comes to Yukon, people who are vulnerable, older or who have underlying health conditions may be at greater risk. Help mitigate that risk by:

- Do not visit seniors, elders or those with underlying medical conditions if you don't feel well.
- Practice social distancing (no kissing, hugging, or hand-shaking) and avoid crowded spaces.
- Educate people on proper hand washing and proper respiratory etiquette when they visit vulnerable populations or elders.
- Encourage people to drop off groceries with seniors, elders or people with underlying medical conditions so they can avoid going out.
- Help your elderly or vulnerable community members stock up on any medication and provisions they require in case self-isolation is necessary.
- If an elderly or vulnerable person shows any of the symptoms, make sure they stay home and call 811 or their healthcare provider for guidance.

Information on COVID-19 is being updated regularly, for the most accurate information specific to Yukon please visit [Yukon.ca](https://www.yukon.ca) or the [HSS Facebook](#) page.

If you need more information, please call your Health Centre or call 811.